

## BIPOC CLINICIANS

Process your experience as a PCA or MFTA working with BIPoC and white clients.

Open to all (even licensed) clinicians who want to incorporate an anti-oppressive and decolonized lens in their case presentation, case conceptualization, treatment, and their relationship with their clients.

- Identity and intersectionality.
- Living in between two (or more) cultures.
- Imposter syndrome, "professionalism", and white supremacy.
- The toxic effects of feeling like the representative of your culture/community.
- Unlearning white and Western cultural norms in mental health.
- Incorporating culturally appropriate healing practices with clients of your community.
- Cultural considerations while/when working with BIPoC and white clients and alongside white co-workers.



Silvana Espinoza Lau, LMFT

www.seventhselfcounseling.com
silvana@seventhselfcounseling.com
4th Wednesday at 1:30pm, 90-minute group.
Cost: \$80 - \$90